



Residential Adventure @Lower Grange Farm

Adventure Awaits



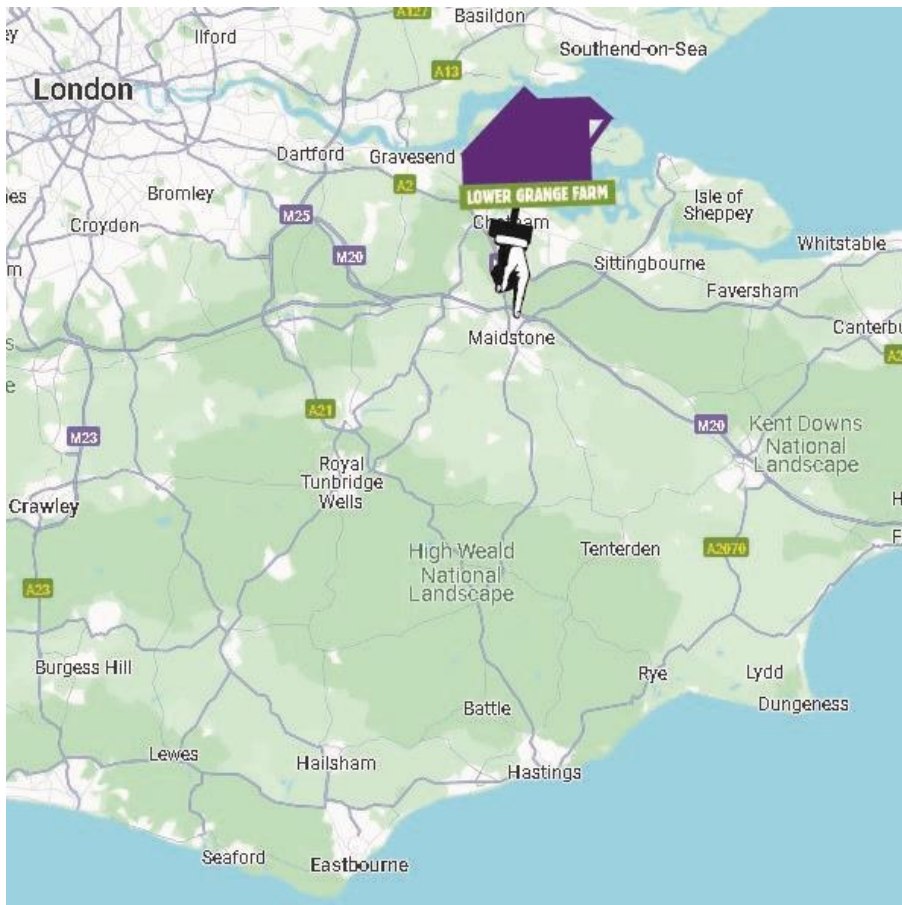
About Lower Grange Farm

Situated in Maidstone next to M20

Owned and operated by Kent County Scout Council (Charity Number 303471) with a combined team of Staff and Volunteers.

Over 30 acres of land. Previously a working farm raising racehorses and other livestock our centre has been converted by volunteers over 15 years into an Adventure Centre enjoyed by the young people of Kent and wider.

Estimated over 8000 visitors using our centre over the course of a year.



Accommodations



Bell Tent Village



1 - Bell Tent Village Accommodation



2 - Inside Bell Tents

Kentish Barn



3 - Kentish Barn Accommodation

Bunk Rooms



4 - Bunk Rooms

Stable Rooms



5 - Stable Room

Activities





6 - Archery



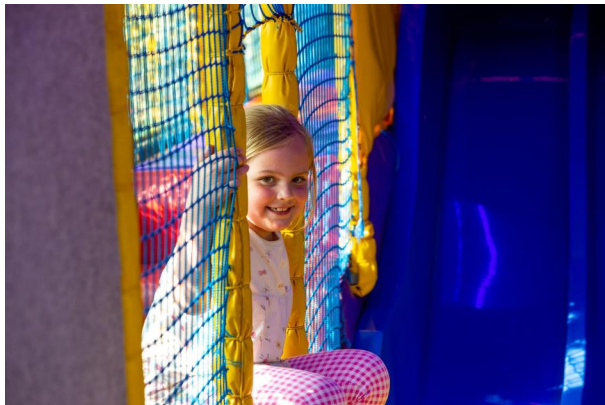
7 - Body Zorbs



8 - Cavebus



9 - Fencing



10 - Funbus



11 - Human Table-top Football



12 - Mountain Bikes



13 - Nerf Wars



14 - Climbing



15 - Power Risers



16 - Quad Bikes



17 - Campfire



18 - Lake



19 - Kayaking

Menus



20 - Jacket Potato and Fixings

BREAKFAST

-
- *Cereals, toast and pastries*
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LUNCHES

-
- *Sandwiches, Crisps, Cake, Fruit*
 - *Jacket Potatoes with choice of filing (beans, cheese or tuna mayo) served with salad*
 - *Pasty with potato wedges served with peas and sweetcorn*
 - *Fish fingers, chips and peas*
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DINNERS

-
- *Roast chicken served with potatoes & vegetables*
 - *Turkey or chicken pasta bake served with garlic bread*
 - *Sausage and mash served with vegetables*
 - *Pizza and chips served with baked beans*
-

Lunch and Dinner is served with desserts.



21 - Sandwich Platter

Allergies and Dietary Requirements

Our catering team are dedicated to ensuring everyone is fed well. They have alternatives to every meal that are a close match to everyone else i.e. gluten and dairy free pizza on pizza night.

- *Alternative meals are named for the individual rather than the requirement*
 - *All meat is halal*
 - *Spare meals just in case*
 - *Friendly and understanding catering team*
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Meet the Team



22 - Noel leading Climbing Tower

Our team of staff and volunteers are dedicated to safety, inclusion and getting everyone involved. We are fun facilitators.

Each group has a staff member as a lead who will get to know everyone and address their needs onsite. We like to say our USP is our team. Delivering personality, friendly faces and fun at a time when our visitors are experiencing so many new things.

- *Nationally qualified instructors*

- *All instructors hold first aid training*
 - *Trained in inclusion with tools for adapting activities*
 - *100+ years of Scouting knowledge to draw from*
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23 - Sammy refilling Water Rockets



24 - Noel with sun protection



25 - Team Cheese



26 - Rhys' assisted driving



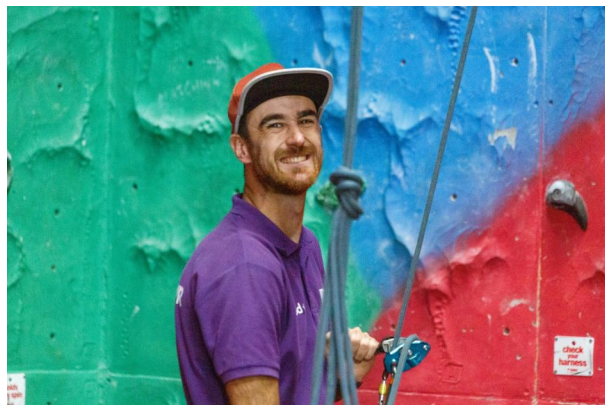
27 - Pioneering Seesaw



28 - Toffee the Cat



29 - Ceri decorated



30 - Woody is happy

Kit List





31 - Climbing is Great

GENERAL

- Water bottle
- Torch
- Medication
- Sleeping bag, pillow and nightwear
- Towel and toiletries
- Plastic bag for dirty or wet clothes
- Hat and winter gloves (winter)
- Sun cream and cap (summer)
- Hairbrush and ties
- Pocket Money
- Trousers
- Shorts (summer)

- T-shirts
- Underwear
- Sweatshirts/hoodies/fleeces
- Closed toe sturdy footwear e.g. trainers or walking boots
- Waterproof coat and trousers



32 - Why a change of clothes is important

ACTIVITY SPECIFICS

- **Fencing:** Long sleeves and trousers.
- **Cavebus:** Long sleeves and trousers.
- **Adventure Hikes:** Sturdy footwear, backpack, water bottle, spare socks.
- **Water Activities:** old clothes (layer according to weather), closed toe footwear, towel

SEE YOU SOON

